

# Carbon Dioxide equivalent emitted due to production since 2018-06-01 until 2018-06-29

	Ingredient usage [t]	Carbon usage [t]
Almonds Fairtrade	0.12	0.37
Almonds Flaked	0.15	0.52
Almonds Whole	0.48	1.45
Almonds Whole Org.	0.23	0.69
Amaranth puffed organic	0.06	0.17
Apple Chopped	0.13	0.52
Apple juice conc org	0.05	0.60
Apple Organic powder	0.00	0.01
Apple pieces organic	0.07	0.29
Apricots Chopped	0.32	1.26
Apricots Chopped Org.	0.65	2.60
Apricots Whole 160/180 (No.5)	0.29	1.14
Banana Chips	0.57	3.45
Banana Chopped Dried	0.16	0.47
Banana F/T Organic	0.52	1.57
Banana flakes	0.01	0.04
Banana flakes org	0.02	0.05
Baobab powder org	0.00	0.00
Barley Flake Malted	2.14	7.48
Barley Flakes	14.13	35.33
Barley Flakes Crisp Org	0.40	1.41
Barley Flakes ORG	3.55	8.88
Barley Org Mini (Pertwood)	1.01	2.52
Beetroot powder organic	0.01	0.10
Blueberries Fairtrade	0.01	0.05
Blueberry FD organic	0.01	0.06
Blueberry Sweetened	0.01	0.09
Bran Flakes Organic	0.04	0.20
Bran Sticks	0.10	0.50
Brazil FT Organic	1.07	3.20
Brazils Broken	0.24	0.73
Brazils Org	0.03	0.10
Brazils Whole	0.04	0.12
Buckwheat flakes GF Org	0.05	0.16
Buckwheat raw organic GF	0.19	0.57
Buckwheat roasted GF Org	0.11	0.43
Cacao Nibs Organic	0.05	0.14
Cardamom Organic	0.00	0.01
Cashews LWP	0.40	1.20
Cashews LWP Organic	0.09	0.26

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	Ingredient usage [t]	Carbon usage [t]
Cashews Whole	0.02	0.06
Cherries Sour Morello	0.03	0.11
Chia seeds organic	0.16	0.49
Cinnamon Fairtrade Org	0.01	0.03
Cinnamon Org powder	0.00	0.01
Cinnamon Powder non dusty	0.01	0.06
Cocoa Powder Org PERU	0.04	0.18
Coconut CHIPS Org Toasted	0.34	1.20
Coconut CHIPS Raw	0.02	0.06
Coconut CHIPS Toasted	0.69	2.42
Coconut Fine DC	0.08	0.24
Coconut POWDER ORG	0.02	0.07
Coconut sugar org	0.13	0.00
Corn Flakes Org G/F	0.02	0.09
Cranberries Organic (no sugar)	0.04	0.15
Cranberries Sliced	0.06	0.25
Currants	0.65	1.94
Currants ORG	0.03	0.08
Dates Chopped	2.75	10.99
Dates Chopped FT Org	0.21	0.82
Dates Chopped Org.	0.80	3.19
Dates Coconut Chopped Org	0.15	0.61
Ginger Organic	0.00	0.00
Goji berries organic	0.02	0.05
Golden berries org	0.02	0.07
Golden Syrup flavour	0.00	0.00
Granola base GF (Alara)	0.20	0.00
Granola base GF (HB/M)	0.17	0.00
Granola Base K-sante GF Org	0.59	0.00
Granola Base Lucy Banana Org	0.05	0.00
Granola GF scottish Base	0.12	0.00
Granola Hot! Org	0.01	0.00
Granola PO V2 Paleo Base ORG	0.42	0.00
Granola Power org	0.07	0.00
Hazelnuts Org Roasted	0.13	0.60
Hazelnuts Raw	0.30	1.22
Hazelnuts Raw Org.	0.20	0.79
Hazelnuts Roasted	0.98	4.39
Hemp seeds org without shells	0.00	0.02
Honey	0.05	0.37

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	Ingredient usage [t]	Carbon usage [t]
Honey Oats Type B	8.82	44.08
Kamut flakes org	0.04	0.11
Linseeds Brown	0.58	1.75
Linseeds Brown Milled I	0.10	0.30
Linseeds Brown Organic	0.53	1.60
Linseeds Milled Organic	0.07	0.22
Lucuma organic	0.01	0.05
Maca powder organic	0.00	0.00
Malted Wheat Flakes	6.22	18.66
Mango Pieces Organic	0.01	0.05
Maple Syrup Flavouring	0.00	0.04
Milk Powder Skimmed	0.18	1.48
Milk Powder Skimmed Organic	0.00	0.01
Millet Flakes	0.80	2.81
Millet puffed organic	0.03	0.10
Mulberries white org	0.01	0.04
Oat Bran	0.40	1.20
Oat Crispy Crunch	9.55	47.73
Oat Flakes 010 Thin	0.93	2.79
Oats GF Scottish Organic Flakes	0.54	1.61
Oats Gluten Free	2.34	7.03
Oats Irish Jumbo 26s	2.75	8.24
Oats Jumbo	17.95	53.86
Oats Jumbo ORG	6.30	18.91
Oats Jumbo ORG Pertwood	0.04	0.13
Oats Regular	12.41	37.23
Oats Regular ORG	6.39	19.16
Oil rapeseeds org	0.00	0.03
Oil Sunflower	0.04	0.30
Oomf Diet blend	0.00	0.00
Orange peel	0.01	0.00
Papaya Dice	0.59	3.56
Peanuts Blanched	1.12	3.35
peanuts Dry roast	0.37	1.10
Peanuts Pale Skin	1.38	4.15
Peanuts Red Skin	0.83	2.48
Pecan Halves	0.02	0.05
Pecan pieces	0.12	0.36
Pineapple Dice	0.43	1.71
Pineapple FT ORG	0.34	1.38

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	Ingredient usage [t]	Carbon usage [t]
Premix Dry V2 Planet Organic Org	0.40	0.00
Pumpkin Seeds Org.	0.59	1.76
Quinoa Flakes Org	0.02	0.07
Quinoa Puffed organic	0.06	0.26
Raisins Fairtrade South Africa	0.67	2.00
Raisins Flame	3.04	9.13
Raisins Jumbo Flame Fairtrade	9.80	29.39
Raisins ORG	1.03	3.10
Raisins Thompson Seedless	5.09	15.28
Raspberry FD crumble	0.01	0.00
Rice Crisped Organic	0.12	0.48
Rice Crispies Fairtrade	0.03	0.11
Rice Flakes	1.52	6.08
Rice Flakes Org	0.10	0.39
Rye Flakes	2.17	6.50
Rye Flakes Org Mini (Pertwood)	0.40	1.21
Rye Flakes Organic	0.26	0.79
Salt	0.00	0.00
Sesame seeds Organic	0.22	0.87
Soya Flakes	2.07	8.28
Soya Flakes Organic Type [1]	0.10	0.41
SP Spelt Toasted Flakes Org	0.74	2.21
Spelt Flakes Organic	0.05	0.16
Strawberries Freeze Dried	0.04	0.24
Strawberries Organic	0.01	0.08
Strawberry Summer CPN-8039	0.00	0.01
Sugar Demerara	0.14	0.58
Sultanas	6.14	18.41
Sultanas Organic	5.51	16.54
Sunflower Seeds	3.74	29.91
Sunflower Seeds ORG	2.63	21.06
Terrafertil Linseeds Golden Milled	1.65	4.95
Terrafertil Pumpkin Seeds Milled	1.10	3.30
Terrafertil Sunflowers Milled	2.75	22.00
Toasted Wheat ORG	2.30	6.91
Turmeric Org	0.00	0.02
Vanilla powder organic	0.00	0.00
Walnuts LAH	0.48	1.92
Walnuts Maldoven light halves	0.01	0.04
Walnuts organic LQ	0.04	0.16

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	Ingredient usage [t]	Carbon usage [t]
Water	0.08	0.00
Wheat Flakes	9.30	27.89
Wheat Flakes ORG	1.50	4.51
Wheatgerm	0.10	0.49
Wheatgrass powder org	0.00	0.01
Whey Powder	0.07	0.60
Whey protein	0.20	1.62
Xylitol	0.05	0.25
Yacon flakes organic	0.00	0.01
Yacon syrup org	0.02	0.11
	<b>Total produced [t]:</b>	<b><u>273.01</u></b>
	<b>Total carbon usage [t]:</b>	<b><u>647.07</u></b>