

Carbon Dioxide equivalent emitted due to production since 2018-05-01 until 2018-05-31

	Ingredient usage [t]	Carbon usage [t]
Almonds Fairtrade	0.12	0.36
Almonds Flaked	0.11	0.40
Almonds Whole	0.12	0.36
Almonds Whole Org.	0.22	0.66
Amaranth puffed organic	0.06	0.19
Apple Chopped	0.05	0.18
Apple juice conc org	0.06	0.68
Apple pieces organic	0.03	0.12
Apricots Chopped	0.22	0.88
Apricots Chopped Org.	0.82	3.26
Apricots Whole 160/180 (No.5)	0.05	0.21
Banana Chips	0.60	3.58
Banana Chopped Dried	0.15	0.46
Banana F/T Organic	0.26	0.78
Banana flakes	0.00	0.00
Banana flakes org	0.09	0.28
Baobab powder org	0.00	0.00
Barley Flake Malted	1.07	3.75
Barley Flakes	8.55	21.37
Barley Flakes Crisp Org	0.40	1.40
Barley Flakes ORG	2.92	7.31
Barley Grass Powder Org	0.00	0.00
Barley Org Mini (Pertwood)	2.20	5.51
Beetroot powder organic	-0.01	-0.07
Blueberries Fairtrade	0.01	0.06
Blueberry FD organic	0.00	-0.04
Blueberry Sweetened	0.01	0.08
Bran Flakes Organic	0.04	0.18
Bran Sticks	0.91	4.54
Brazil FT Organic	0.60	1.80
Brazils Broken	0.10	0.30
Brazils Org	0.07	0.22
Buckwheat flakes GF Org	0.04	0.13
Buckwheat raw organic GF	0.19	0.58
Buckwheat roasted GF Org	-0.12	-0.49
Cacao Nibs Organic	0.05	0.16
Cardamom Organic	0.00	0.01
Cashews LWP	0.21	0.64
Cashews LWP Organic	0.29	0.86
Cashews Whole	0.01	0.03

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	Ingredient usage (t)	Carbon usage (t)
Cherries Sour Morello	0.00	0.02
Chia seeds organic	0.05	0.14
Cinnamon Fairtrade Org	0.00	0.01
Cinnamon Org powder	0.00	0.00
Cinnamon Powder non dusty	0.02	0.11
Cocoa Powder Org PERU	0.02	0.12
Coconut CHIPS Org Toasted	0.25	0.86
Coconut CHIPS Raw	0.09	0.26
Coconut CHIPS Toasted	0.93	3.26
Coconut Fine DC	0.06	0.19
Coconut POWDER ORG	0.04	0.12
Coconut sugar org	0.14	0.00
Corn Flakes Org G/F	0.02	0.09
Cranberries Organic (no sugar)	0.06	0.23
Cranberries Sliced	0.14	0.65
Currants	0.44	1.33
Dates Chopped	4.77	19.06
Dates Chopped FT Org	0.18	0.71
Dates Chopped Org.	0.67	2.70
Dates Coconut Chopped Org	0.01	0.05
Goji Berries NON ORGANIC	0.04	0.12
Goji berries organic	0.11	0.32
Goji org Milled I	0.00	0.01
Golden berries org	0.01	0.05
Golden Syrup flavour	0.00	0.00
Granola base GF (Alara)	0.13	0.00
Granola base GF (HB/M)	0.37	0.00
Granola Base GF Renee Votaire GF ORG	0.27	0.00
Granola Base K-sante GF Org	0.33	0.00
Granola Base Lucy Banana Org	0.06	0.00
Granola Base Org GF (DF)	0.16	0.00
Granola GF scottish Base	0.07	0.00
Granola Hot! Org	0.04	0.00
Granola Paleo Base Conv GF	0.04	0.00
Granola Paleo Base Wild Thing Coconut Sugar	0.22	0.00
Granola Power org	0.08	0.00
Hazelnuts Org Roasted	0.05	0.23
Hazelnuts Raw	0.02	0.10
Hazelnuts Raw Org.	0.30	1.20
Hazelnuts Roasted	1.01	4.53

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	Ingredient usage [t]	Carbon usage [t]
Hemp seeds org without shells	0.01	0.04
Honey	0.02	0.13
Honey Oats Type B	9.43	47.13
Kamut flakes org	0.01	0.04
Linseeds Brown	0.11	0.32
Linseeds Brown Milled I	0.28	0.83
Linseeds Brown Organic	0.72	2.15
Linseeds Milled Organic	0.06	0.18
Lucuma organic	0.01	0.03
Maca powder organic	0.01	0.05
Malted Wheat Flakes	7.83	23.49
Mango Pieces Organic	0.01	0.04
Maple Syrup Flavouring	0.00	0.05
Matcha Green Tea Powder Organic	0.00	0.00
Milk Powder Skimmed	0.11	0.89
Milk Powder Skimmed Organic	0.01	0.10
Millet Flakes	0.37	1.31
Millet puffed organic	0.02	0.07
Mulberries white org	0.06	0.17
Naturita Fine Salt	0.00	0.00
Oat Bran	1.11	3.33
Oat Crispy Crunch	8.28	41.39
Oat Flakes 010 Thin	0.04	0.12
Oat Milled GF ORG Scottich	0.02	0.03
Oats GF Scottish Organic Flakes	0.51	1.54
Oats Gluten Free	2.49	7.47
Oats Irish Jumbo 26s	8.94	26.83
Oats Jumbo	6.38	19.14
Oats Jumbo ORG	7.82	23.45
Oats Regular	7.35	22.04
Oats Regular ORG	4.77	14.31
Oats Scottish Reg	0.10	0.30
Oil Sunflower	0.04	0.28
Oomf Diet blend	0.00	0.00
Orange peel	0.02	0.00
Papaya Dice	0.56	3.34
Peanuts Blanched	0.25	0.76
peanuts Dry roast	1.23	3.69
Peanuts Pale Skin	0.20	0.60
Peanuts Red Skin	0.01	0.03

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	Ingredient usage [t]	Carbon usage [t]
Pecan pieces	0.15	0.45
Pineapple Dice	0.24	0.96
Pineapple FT ORG	0.23	0.91
Pineapple Organic	0.09	0.35
Pumpkin Seeds Org.	0.84	2.51
Quinoa Flakes Org	0.03	0.14
Quinoa Puffed organic	0.07	0.29
Raisins Fairtrade South Africa	0.68	2.04
Raisins Flame	3.21	9.64
Raisins Jumbo Flame Fairtrade	6.14	18.41
Raisins ORG	1.17	3.50
Raisins Thompson Seedless	5.81	17.44
Raspberry FD crumble	-0.01	0.00
Rice Crisped Organic	0.07	0.28
Rice Crispies Fairtrade	0.11	0.43
Rice Flakes	0.76	3.05
Rice Flakes Org	0.05	0.19
Rye Flakes	0.53	1.60
Rye Flakes Org Mini (Pertwood)	0.88	2.64
Rye Flakes Organic	0.16	0.47
Salt	0.00	0.00
Sesame seeds Organic	0.23	0.93
Soya Flakes	0.53	2.13
Soya Flakes Organic Type [1]	0.05	0.20
SP Spelt Toasted Flakes Org	0.98	2.93
Spelt Flakes Organic	0.05	0.15
Spirulina org	0.00	0.00
Strawberries Freeze Dried	0.02	0.10
Strawberries Organic	0.02	0.10
Sugar Demerara	0.22	0.90
Sultanas	4.84	14.53
Sultanas Organic	5.29	15.88
Sunflower Seeds	2.30	18.42
Sunflower Seeds ORG	2.65	21.21
Toasted Wheat ORG	2.14	6.43
Turmeric Org	0.01	0.05
Vanilla powder organic	0.00	0.00
Walnuts LAH	0.09	0.35
Walnuts Maldoven light halves	0.02	0.07
Walnuts organic LQ	0.05	0.21

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	Ingredient usage [t]	Carbon usage [t]
Water	0.06	0.00
Wheat Flakes	5.05	15.14
Wheat Flakes ORG	1.41	4.24
Wheatgerm	0.05	0.25
Whey Powder	0.14	1.09
Whey protein	0.01	0.07
Xylitol	0.01	0.04
Yacon flakes organic	0.00	0.01
	Total produced [t]:	<u>186.75</u>
	Total carbon usage [t]:	<u>513.56</u>