

Carbon Dioxide equivalent emitted due to production since 2018-03-05 until 2018-03-29

	Ingredient usage [t]	Carbon usage [t]
Acai powder org	0.00	0.00
Almonds Fairtrade	0.08	0.24
Almonds Flaked	0.13	0.47
Almonds Whole	0.28	0.85
Almonds Whole Org.	0.17	0.52
Amaranth puffed organic	0.06	0.17
Apple Chopped	0.15	0.59
Apple juice conc org	0.19	2.29
Apple Organic powder	0.00	0.01
Apple pieces organic	0.09	0.35
Apricots Chopped	0.39	1.56
Apricots Chopped Org.	0.65	2.60
Apricots Whole 160/180 (No.5)	0.10	0.41
Banana Chips	0.57	3.41
Banana Chopped Dried	0.20	0.60
Banana F/T Organic	0.09	0.27
Banana flakes	0.09	0.28
Banana flakes org	0.09	0.28
Baobab powder org	0.01	0.01
Barley Flake Malted	0.14	0.49
Barley Flakes	7.60	19.00
Barley Flakes Crisp Org	0.30	1.05
Barley Flakes ORG	2.13	5.32
Barley Grass Powder Org	0.00	0.01
Barley Org Mini (Pertwood)	0.16	0.40
Beetroot powder organic	0.01	0.07
Blueberry FD organic	0.01	0.08
Blueberry Sweetened	0.01	0.09
Bran Flakes Organic	0.08	0.39
Bran Sticks	1.13	5.67
Brazil FT Organic	0.13	0.39
Brazils Broken	0.19	0.57
Brazils Org	0.03	0.08
Brazils Whole	0.04	0.12
Buckwheat flakes GF Org	0.11	0.32
Buckwheat GF organic puffed	0.08	0.23
Buckwheat raw organic GF	0.42	1.25
Buckwheat roasted GF Org	0.06	0.22
Cacao Nibs Organic	0.04	0.13
Cardamom Organic	0.00	0.00

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	Ingredient usage [t]	Carbon usage [t]
Cashews LWP	0.18	0.55
Cashews LWP Organic	0.09	0.27
Cherries Sour Morello	0.01	0.02
Chia seeds organic	0.14	0.43
Cinnamon Fairtrade Org	0.00	0.00
Cinnamon Org powder	0.01	0.04
Cinnamon Powder non dusty	0.00	0.01
Cocoa Powder Org PERU	0.19	0.96
Coconut CHIPS Org Toasted	0.31	1.07
Coconut CHIPS Raw	0.17	0.50
Coconut CHIPS Toasted	0.71	2.49
Coconut POWDER ORG	0.02	0.05
Coconut sugar org	0.39	0.00
Corn Flakes Org G/F	0.34	1.35
Cranberries Organic (no sugar)	0.08	0.33
Cranberries Sliced	0.06	0.29
Currants	0.58	1.73
Dates Chopped	4.50	17.99
Dates Chopped FT Org	0.09	0.38
Dates Chopped Org.	0.63	2.50
Dates Coconut Chopped Org	0.20	0.78
Ginger Organic	0.00	0.00
Goji Berries NON ORGANIC	0.03	0.10
Goji berries organic	0.03	0.08
Goji org Milled I	0.01	0.03
Golden Syrup flavour	0.00	0.00
Granola Base (Yacon Pertwood)	0.03	0.00
Granola base GF (Alara)	0.21	0.00
Granola base GF (HB/M)	0.18	0.00
Granola Base Lucy Banana Org	0.06	0.00
Granola GF scottish Base	0.21	0.00
Granola Hot! Org	0.01	0.00
Granola PO V2 Paleo Base ORG	0.58	0.00
Granola Power org	0.05	0.00
Hazelnuts Org Roasted	0.11	0.49
Hazelnuts Raw	0.17	0.69
Hazelnuts Raw Org.	0.13	0.51
Hazelnuts Roasted	1.04	4.68
Hemp seeds org without shells	0.04	0.18
Honey Oats Type B	4.40	22.01

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	Ingredient usage (t)	Carbon usage (t)
Honey Organic	0.52	3.65
Kamut flakes org	0.05	0.15
Linseeds Brown	0.45	1.36
Linseeds Brown Milled I	0.15	0.44
Linseeds Brown Organic	0.19	0.57
Linseeds Milled Organic	0.49	1.46
Lucuma organic	0.03	0.16
Maca powder organic	0.01	0.06
Malted Wheat Flakes	7.12	21.35
Mango Pieces Organic	0.01	0.04
Maple Syrup Flavouring	0.00	0.01
Matcha Green Tea Powder Organic	0.00	0.00
Matcha Yerba Mate Green Organic	0.00	0.00
Milk Powder Skimmed	0.25	2.02
Milled goji & linseeds CONV	0.01	0.02
Millet Flakes	0.66	2.32
Millet puffed organic	0.09	0.30
Mulberries white org	0.03	0.08
Naturita Fine Salt	0.00	0.00
Oat Bran	0.58	1.74
Oat Crispy Crunch	4.89	24.45
Oat Flakes 010 Thin	0.67	2.01
Oat Milled GF ORG Scottich	0.14	0.28
Oats GF Scottish Organic Flakes	0.24	0.73
Oats Gluten Free	3.18	9.55
Oats Irish Jumbo 26s	6.58	19.74
Oats Jumbo	6.61	19.82
Oats Jumbo ORG	3.76	11.27
Oats Regular	8.78	26.33
Oats Regular ORG	5.66	16.97
Oats Scottish Reg	0.13	0.38
Oomf Diet blend	0.00	0.00
Papaya Dice	0.60	3.58
Peanuts Blanched	0.57	1.71
peanuts Dry roast	0.91	2.74
Peanuts Pale Skin	1.10	3.31
Peanuts Red Skin	0.60	1.81
Pecan pieces	0.05	0.14
Pineapple Dice	0.15	0.61
Pineapple FT ORG	0.13	0.50

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	Ingredient usage [t]	Carbon usage [t]
Premix Dry V2 Planet Organic Org	0.41	0.00
Pumpkin Seeds Org.	0.53	1.59
Quinoa Flakes Org	0.01	0.02
Quinoa Puffed organic	0.05	0.21
Raisins Fairtrade South Africa	0.47	1.42
Raisins Flame	3.51	10.52
Raisins Jumbo Flame Fairtrade	2.09	6.27
Raisins ORG	0.95	2.86
Raisins Thompson Seedless	6.03	18.09
Rice Crisped Organic	0.05	0.18
Rice Crispies Fairtrade	0.04	0.14
Rice Flakes	1.44	5.75
Rice Flakes Org	0.11	0.43
Rice Puffed Org.	0.04	0.17
Rye Flakes	0.73	2.18
Rye Flakes Org Mini (Pertwood)	0.04	0.12
Rye Flakes Organic	0.17	0.51
Sesame seeds Organic	0.08	0.31
Soya Flakes	1.21	4.84
Soya Flakes Organic Type [1]	0.20	0.80
SP Spelt Toasted Flakes Org	0.70	2.11
Spelt Flakes Organic	0.03	0.08
Spirulina org	0.00	0.02
Strawberries Freeze Dried	0.01	0.08
Strawberries Organic	0.03	0.21
Sugar Demerara	0.05	0.20
Sultanas	6.28	18.83
Sultanas Organic	3.66	10.97
Sunflower Seeds	2.98	23.86
Sunflower Seeds ORG	1.80	14.37
Toasted Wheat ORG	2.60	7.79
Vanilla powder organic	0.00	0.01
Walnuts LAH	0.32	1.29
Walnuts organic LQ	0.04	0.14
Water	0.17	0.00
Wheat Flakes	6.56	19.69
Wheat Flakes ORG	0.53	1.60
Wheatgerm	0.05	0.27
Wheatgrass powder org	0.00	0.00
Whey Powder	0.07	0.56

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	Ingredient usage [t]	Carbon usage [t]
Whey protein	0.10	0.81
Xylitol	0.07	0.33
Yacon Powder organic	0.02	0.08
	Total produced [t]:	<u>163.11</u>
	Total carbon usage [t]:	<u>452.69</u>