

Carbon Dioxide equivalent emitted due to production since 2018-11-01 until 2018-11-30

	Ingredient usage [t]	Carbon usage [t]
Almonds Fairtrade	0.09	0.27
Almonds Flaked	0.05	0.17
Almonds Whole	0.13	0.40
Almonds Whole Org.	0.29	0.88
Amaranth puffed organic	0.06	0.19
Apple Chopped	0.07	0.27
Apple juice conc org	0.05	0.59
Apple pieces organic	0.05	0.18
Apricots Chopped	0.30	1.21
Apricots Chopped Org.	0.86	3.46
Banana Chips	0.43	2.60
Banana Chopped Dried	0.13	0.40
Banana F/T Organic	0.50	1.49
Banana flakes	0.01	0.02
Banana flakes org	0.07	0.20
Barley Flake Malted	1.74	6.08
Barley Flakes	8.63	21.58
Barley Flakes Crisp Org	0.74	2.60
Barley Flakes ORG	6.13	15.33
Barley Org Mini (Pertwood)	2.39	5.97
Beetroot powder organic	0.02	0.14
Blueberries Fairtrade	0.01	0.11
Blueberry FD organic	0.01	0.12
Blueberry Sweetened	0.01	0.05
Bran Flakes Organic	0.05	0.25
Bran Sticks	0.18	0.88
Brazil FT Organic	0.92	2.77
Brazils Broken	0.06	0.18
Brazils Org	0.08	0.24
Buckwheat flakes GF Org	0.13	0.38
Buckwheat raw organic GF	0.18	0.55
Buckwheat roasted GF Org	0.10	0.42
Cacao Nibs Organic	0.06	0.17
Cashews LWP	0.16	0.49
Cashews LWP Organic	0.44	1.31
Cashews Whole	0.03	0.08
Cherries Sour Morello	0.02	0.10
Chia seeds organic	0.17	0.52
Cinnamon Fairtrade Org	0.01	0.03
Cinnamon Powder non dusty	0.01	0.07

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	Ingredient usage (t)	Carbon usage (t)
Cocoa Powder Org PERU	0.05	0.24
Coconut CHIPS Org Toasted	0.29	1.00
Coconut CHIPS Raw	0.13	0.38
Coconut CHIPS Toasted	0.37	1.28
Coconut Fine DC	0.21	0.63
Coconut POWDER ORG	0.03	0.08
Coconut sugar org	0.12	0.75
Corn Flakes Org G/F	0.03	0.12
Cranberries Organic (no sugar)	0.06	0.25
Cranberries Sliced	0.20	0.88
Currants	0.34	1.03
Currants ORG	0.03	0.10
Dates Chopped	3.95	15.82
Dates Chopped FT Org	0.12	0.47
Dates Chopped Org.	1.03	4.12
Dates Coconut Chopped Org	0.04	0.16
Goji Berries NON ORGANIC	0.03	0.08
Goji berries organic	0.14	0.41
Golden berries org	0.01	0.05
Granola base GF (Alara)	0.23	0.00
Granola base GF (HB/M)	0.70	0.00
Granola Base K-sante GF Org	0.34	0.00
Granola Base Org GF (DF)	0.36	0.00
Granola GF scottish Base	0.09	0.00
Granola Hot! Org	0.03	0.00
Granola Paleo Base Conv GF	0.07	0.00
Granola Paleo Base Wild Thing Coconut Sugar	0.09	0.00
Granola PO V2 Paleo Base ORG	0.23	0.00
Granola Power org	0.06	0.00
Hazelnuts Org Roasted	0.12	0.55
Hazelnuts Raw	0.05	0.19
Hazelnuts Raw Org.	0.30	1.21
Hazelnuts Roasted	0.69	3.10
Hemp seeds org without shells	0.01	0.03
Honey	0.03	0.21
Honey Oats Type B	10.62	53.08
Linseeds Brown	0.17	0.51
Linseeds Brown Milled I	0.38	1.15
Linseeds Brown Organic	1.13	3.39
Linseeds Milled Organic	0.05	0.16

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	Ingredient usage [t]	Carbon usage [t]
Lucuma organic	0.02	0.10
Maca powder organic	0.01	0.02
Malted Wheat Flakes	4.79	14.38
Mango Pieces Organic FT	0.01	0.04
Milk Powder Skimmed	0.10	0.76
Millet Flakes	0.21	0.74
Millet puffed organic	0.04	0.15
Mulberries white org	0.04	0.13
Oat Bran	1.52	4.56
Oat Crispy Crunch	7.61	38.06
Oat Flakes 010 Thin	0.39	1.16
Oats GF Scottish Organic Flakes	0.35	1.04
Oats Gluten Free	2.06	6.19
Oats Irish Jumbo 26s	6.71	20.14
Oats Jumbo	6.90	20.69
Oats Jumbo ORG	4.20	12.60
Oats Jumbo UK ORG	5.13	15.38
Oats Regular	5.50	16.49
Oats Regular ORG	4.01	12.03
Oats Regular Org Whites	3.15	
Oil Sunflower	0.10	0.77
Orange peel	0.01	0.00
Papaya Dice	0.23	1.40
Peanuts Blanched	0.08	0.25
peanuts Dry roast	0.90	2.70
Peanuts Pale Skin	0.35	1.05
Peanuts Red Skin	0.35	1.05
Pecan Halves	0.01	0.04
Pecan pieces	0.03	0.09
Pineapple Dice	0.33	1.32
Pineapple FT ORG	0.25	1.02
Pineapple Organic	0.07	0.29
Premix Dry V2 Planet Organic Org	0.34	0.00
PreMix Paleo Conv Granola GF	0.03	0.00
Pumpkin Seeds Org.	1.21	3.62
Quinoa Flakes Org	0.09	0.36
Quinoa Puffed organic	0.06	0.22
Raisins Flame	2.18	6.54
Raisins Flame Fairtrade	9.34	28.03
Raisins ORG	2.19	6.58

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	Ingredient usage [t]	Carbon usage [t]
Raisins Thompson Seedless	3.94	11.82
Raspberry FD crumble	0.01	0.04
Rice Crisped Organic	0.08	0.31
Rice Crispies Fairtrade	0.11	0.43
Rice Flakes	0.59	2.35
Rice Flakes Org	0.28	1.14
Rye Flakes	0.42	1.27
Rye Flakes Org Mini (Pertwood)	0.96	2.87
Rye Flakes Organic	0.21	0.63
Sesame seeds Organic	0.23	0.94
Soya Flakes	0.08	0.30
Soya Flakes Organic Type [1]	0.11	0.42
SP Spelt Toasted Flakes Org	0.95	2.86
Spelt Flakes Organic	0.02	0.05
Strawberries Freeze Dried	0.04	0.24
Strawberries Organic	0.01	0.06
Sugar Demerara	0.24	0.95
Sultanas	3.33	9.99
Sultanas Organic	6.98	20.95
Sunflower Seeds	1.67	5.84
Sunflower Seeds ORG GF	4.43	15.51
Toasted Wheat ORG	2.66	7.99
Walnuts LAH	0.14	0.55
Walnuts Maldoven light halves	0.01	0.06
Walnuts organic LQ	0.05	0.20
Water	0.13	0.00
Wheat Flakes	3.16	9.48
Wheat Flakes ORG	1.29	3.87
Wheatgerm	0.02	0.12
Whey Powder	0.02	0.16
Whey protein	0.07	0.57
Xylitol	0.04	0.18
	Total production [t]:	<u>151.51</u>
	Total carbon usage [t]:	<u>486.37</u>