

# Carbon Dioxide equivalent emitted due to production since 2018-08-01 until 2018-08-31

	Ingredient usage [t]	Carbon usage [t]
Almonds Fairtrade	0.16	0.48
Almonds Flaked	0.11	0.38
Almonds Flakes Organic	0.00	0.01
Almonds Whole	0.08	0.24
Almonds Whole Org.	0.18	0.54
Amaranth puffed organic	0.01	0.03
Apple Chopped	0.04	0.18
Apple juice conc org	0.02	0.22
Apple Organic powder	0.01	0.04
Apple pieces organic	0.07	0.26
Apricots Chopped	0.26	1.04
Apricots Chopped Org.	0.56	2.23
Apricots Whole 160/180 (No.5)	0.05	0.20
Banana Chips	0.67	4.01
Banana Chopped Dried	0.15	0.45
Banana F/T Organic	0.03	0.10
Banana flakes	0.07	0.22
Banana flakes org	0.05	0.15
Barley Flake Malted	0.53	1.87
Barley Flakes	5.90	14.75
Barley Flakes Crisp Org	0.23	0.80
Barley Flakes ORG	2.91	7.28
Barley Org Mini (Pertwood)	1.25	3.13
Beetroot powder organic	0.01	0.08
Blueberries Fairtrade	0.01	0.05
Blueberry FD organic	0.01	0.09
Bran Flakes Organic	0.05	0.25
Bran Sticks	0.59	2.95
Brazil FT Organic	0.22	0.67
Brazils Broken	0.14	0.43
Brazils Org	0.09	0.26
Buckwheat flakes GF Org	0.12	0.37
Buckwheat raw organic GF	0.11	0.33
Buckwheat roasted GF Org	0.07	0.30
Cacao Nibs Organic	0.03	0.10
Cardamom Organic	0.00	0.01
Cashews LWP	0.22	0.66
Cashews LWP Organic	0.21	0.64
Cashews Whole	0.01	0.03
Cherries Sour Morello	0.01	0.03

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	Ingredient usage [t]	Carbon usage [t]
Chia seeds organic	0.13	0.38
Cinnamon Fairtrade Org	0.00	0.00
Cinnamon Powder non dusty	0.01	0.04
Cocoa Powder Org PERU	0.05	0.23
Coconut CHIPS Org Toasted	0.20	0.71
Coconut CHIPS Raw	0.08	0.24
Coconut CHIPS Toasted	0.90	3.15
Coconut Fine DC	0.14	0.41
Coconut POWDER ORG	0.08	0.25
Coconut sugar org	0.08	0.00
Corn Flakes Org G/F	0.03	0.13
Cranberries Organic (no sugar)	0.05	0.20
Cranberries Sliced	0.09	0.41
Currants	0.45	1.36
Currants ORG	0.01	0.04
Dates Chopped	2.83	11.31
Dates Chopped FT Org	0.22	0.87
Dates Chopped Org.	0.70	2.81
Goji Berries NON ORGANIC	0.01	0.02
Goji berries organic	0.01	0.02
Golden Syrup flavour	0.00	0.00
Granola base GF (Alara)	0.07	0.00
Granola base GF (HB/M)	0.46	0.00
Granola Base Org GF (DF)	0.65	0.00
Granola GF scottish Base	0.06	0.00
Granola Hot! Org	0.03	0.00
Granola Paleo Base Conv GF	0.04	0.00
Hazelnuts Org Roasted	0.10	0.46
Hazelnuts Raw	0.03	0.11
Hazelnuts Raw Org.	0.17	0.67
Hazelnuts Roasted	0.66	2.96
Hemp seeds org without shells	0.00	0.01
Honey	0.00	0.02
Honey Oats Type B	5.32	26.62
Linseeds Brown	0.35	1.06
Linseeds Brown Organic	0.52	1.57
Linseeds Milled Organic	0.04	0.11
Lucuma organic	0.03	0.17
Maca powder organic	0.00	0.00
Malted Wheat Flakes	6.76	20.28

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	Ingredient usage [t]	Carbon usage [t]
Mango Pieces Organic	0.02	0.09
Maple Syrup Flavouring	0.00	0.04
Milk Powder Skimmed	0.02	0.17
Milk Powder Skimmed Organic	0.02	0.14
Millet Flakes	0.67	2.36
Millet puffed organic	0.04	0.15
Mulberries white org	0.12	0.36
Oat Crispy Crunch	11.49	57.47
Oats GF Scottish Organic Flakes	0.44	1.31
Oats Gluten Free	2.07	6.22
Oats Irish Jumbo 26s	3.51	10.53
Oats Jumbo	7.04	21.12
Oats Jumbo ORG	5.42	16.26
Oats LM Jumbo	0.15	0.44
Oats LM Regular	0.41	1.22
Oats Regular	7.51	22.53
Oats Regular ORG	5.45	16.35
Oats Scottish Reg	0.14	0.42
Oil Sunflower	0.07	0.57
Orange peel	0.01	0.00
Papaya Dice	0.65	3.92
Peanuts Blanched	0.35	1.04
peanuts Dry roast	0.48	1.45
Peanuts Pale Skin	0.64	1.92
Peanuts Red Skin	0.42	1.26
Pecan pieces	0.11	0.34
Pineapple Dice	0.29	1.15
Pineapple FT ORG	0.12	0.47
Premix Dry V2 Planet Organic Org	0.29	0.00
Pumpkin Seeds Org.	0.55	1.64
Quinoa Flakes Org	0.13	0.54
Quinoa Puffed organic	0.02	0.09
Raisins Fairtrade South Africa	0.58	1.74
Raisins Flame	3.74	11.22
Raisins Jumbo Flame Fairtrade	3.91	11.72
Raisins ORG	0.63	1.89
Raisins Thompson Seedless	3.29	9.88
Raspberry FD crumble	0.01	0.00
Rice Crisped Organic	0.01	0.06
Rice Crispies Fairtrade	0.06	0.24

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	Ingredient usage [t]	Carbon usage [t]
Rice Flakes	1.22	4.86
Rice Flakes Org	0.25	1.00
Rye Flakes	1.00	3.00
Rye Flakes Org Mini (Pertwood)	0.51	1.54
Rye Flakes Organic	0.37	1.12
Salt	0.00	0.00
Sesame seeds Organic	0.19	0.77
Soya Flakes	0.99	3.97
Soya Flakes Organic Type [1]	0.06	0.24
Spelt Flakes Organic	0.09	0.26
Strawberries Freeze Dried	0.03	0.18
Strawberries Organic	0.01	0.07
Sugar Demerara	0.20	0.79
Sultanas	5.25	15.74
Sultanas Organic	5.07	15.21
Sunflower Seeds	2.86	22.88
Sunflower Seeds ORG	2.16	17.31
Terrafertil Linseeds Golden Milled	3.06	9.18
Terrafertil Pumpkin Seeds Milled	2.04	6.12
Terrafertil Sunflowers Milled	5.10	40.80
Toasted Wheat ORG	2.77	8.31
Turmeric Org	0.00	0.02
Vanilla powder organic	0.00	0.00
Walnuts LAH	0.19	0.77
Walnuts Maldoven light halves	0.01	0.02
Walnuts organic LQ	0.00	0.01
Water	0.10	0.00
Wheat Flakes	4.74	14.22
Wheat Flakes ORG	0.81	2.44
Wheatgerm	0.04	0.18
Whey Powder	0.03	0.22
	<b>Total produced [t]:</b>	<b><u>197.15</u></b>
	<b>Total carbon usage [t]:</b>	<b><u>502.02</u></b>